

Free Heart Screening



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Saturday, October 29, 2011
8:00 AM – 12:00 PM

North Central Baptist Hospital
520 Madison Oak Drive
San Antonio, Texas 78258

Saturday, November 5, 2011
8:00 AM – 12:00 PM

CHRISTUS Santa Rosa Children's Hospital
333 North Santa Rosa Street
San Antonio, Texas 78207

Sign up online at www.augustheart.org

BASIC INFORMATION

- ♥ AugustHeart screens young athletes, **ages 14-18**, for **Hypertrophic Cardiomyopathy (HCM)**.
- ♥ HCM causes a thickening of the heart wall, and can lead to obstruction of blood flow and an erratic heartbeat.
- ♥ HCM typically does not present any symptoms.
- ♥ HCM is the leading cause of sudden cardiac death in young people.
- ♥ HCM affects roughly 1 in 500 people.

SCREENING PROCESS

- ♥ A **parental waiver must be signed** in order for the athlete to receive a heart screening.
- ♥ Athletes should wear **loose fitting clothing**.
- ♥ Screening includes a 12-lead **Electrocardiogram (ECG)** and a limited 2-D **Echocardiogram (ECHO)**.
- ♥ The screening process alone typically takes approximately **20 minutes per student**.
- ♥ Screenings are offered at no charge.
- ♥ Athletes may have the **option to participate in the Texas Adolescent Athlete Heart Screening Registry (TAAHSR)** research study. To participate, athletes and parents are informed of data collected, can ask questions, and must sign appropriate consent documents. Study receives oversight from the Baylor College of Medicine Institutional Review Board.

FOUNDATION INFORMATION

- ♥ The mission of AugustHeart is to prevent sudden cardiac death in adolescent students, ages 14-18, in Bexar County and South Central Texas by providing free heart screenings.
- ♥ Donations are appreciated and help to fund AugustHeart programming.